PRIMARY MENU 2022-23

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week 1	Chicken Goujons	Pasta Bolognese	Roast Pork , Stuffing/Gravy	Breast of Chicken Curry	Fish Fingers	
29th Aug	Sweetcorn	Crusty Bread	Carrot & Parsnip	With Boiled Rice	Baked Beans	
26th Sept	Homemade Herby Diced	Sweetcorn	Broccoli Florets	& Naan Bread	Chips / Baked Potato	PRIMARY SCHOO
24th Oct	Potatoes		Oven Dry Roast & Mash Potatoes	Garden peas		
21st Nov						If a healthy alternative to chips
19th Dec	Frozen Smoothies	Raspberry Ripple Ice-cream	Popcorn Cookies with	Chocolate & Pear Sponge	Fresh Fruit Salad	is required on Fridays a baked
16th Jan	& Fresh Fruit	Watermelon	Pear Slices & Grapes	Custard	& Yoghurts	potato will be provided if requested.
Week 2	Oven Baked	Breaded Fish Fillets	Roast Chicken , Stuffing/Gravy	Breast of Chicken Curry	Steak Burger with Bap	If you require any additional information
oth Sept	Sauages	Sweetcorn & Peas	Savoy Cabbage	With Boiled Rice	Tossed Salad /Coleslaw	on allergens or special diet please
Brd Oct	Baked Beans	Mashed Potato	Diced Carrots	& Naan Bread	Chips / Baked Potato	contact the school i the first instance
31st Oct	Mashed Potatoes		Oven Dry Roast & Mash Potatoes	Garden peas		
28th Nov						
oth Dec	Artic Roll	Frozen Yoghurt	Chocolate Brownie	Apple Sponge	Flakemeal Biscuit & Fresh	
23rd Jan	with Sliced Peaches	with Pineapple Chunks	With Raspberry Milkshake	& Custard	Fruit Chunks	
Veek 3	Fish Fingers	Chicken Goujons	Roast Gammon, Stuffing/Gravy	Breast of Chicken Curry	Steak Burger with Bap	
2th Sept	Baked Beans	Sweetcorn	Baton Carrots	With Boiled Rice	Tossed Salad /Coleslaw	10
0th Oct	Chips / Baked Potato	Homemade Herby Diced	Broccoli Florets	& Naan Bread	Chips / Baked Potato	7
7th Nov		Potatoes	Oven Dry Roast & Mash Potatoes	Garden peas		A AT
5th Dec						
2nd Jan	Swiss Roll filled	Vanilla Ice Cream, Pears	Rice Pudding with	Frozen Yoghurt	Flakemeal Biscuit & Fresh	4
30th Jan	with Yoghurt & Fruit	& Chocolate Sauce	Melody of Fruit	& Fresh Fruit	Fruit Chunks	
Week 4	BUFFET:	Pasta Bolognese	Roast Beef , Stuffing/Gravy	Breast of Chicken Curry	Breaded Chicken Bites	
19th Sept	Selection of Sandwiches	Crusty Bread	Cauliflour Cheese	With Boiled Rice	Baked Beans	
7th Oct	(Chicken /Cheese/Tuna)	Sweetcorn	Fresh Diced Carrots	& Naan Bread	Chips / Baked Potato	
4th Nov	Fish Bite		Oven Dry Roast & Mash Potatoes	Garden peas		
2th Dec	Pizza Fingers					
9th Jan	Cockail Sauages	Honey Dew Melon Wedges	Chocolate Brownie	Fruit Crumble	Jelly, Ice Cream	
6th Feb	Carrot Sticks	& Ginger Cookie	& Banana Chunk	& Custard	& Fresh Fruit	
	Fruit Muffin & Milkshake					



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